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M.T.O. Sufi Association Newsletter

*You taught me love,
That is why I lost control of my heart.
You showed me your beauty,
That is why I am lost in you.
You told me,
“Give me your soul.
I will give you my love.”
I gave you my body and soul.
All there is, is You.*

-Nader Angha¹



Sufism; The Reality Of Religion

Extracted from Sufism and Faith²

Sufism is the reality of religion. It is based on the reality of your “being”, the stable and constant element of your existence. It is not imaginary, it cannot be inherited, and it cannot be forced nor enforced.

In essence, it is a method, a way, a discipline that teaches each person the science of exploring one’s own being, unearthing one’s hidden talent and potentials,

and discovering the reality of being in this unbounded and infinite tapestry called existence.

If we look closely at the human being, we cannot but be amazed and in awe of this exquisite and unique masterpiece of creation, operated by the will of knowledge, whose silent hand has unwrapped the potential of being into manifestations, so that the pages of existence may be adorned with the beauty of its wisdom.

Peace and tranquility

can never be realised unless each human being is educated to discover the laws governing their being. By education I mean “innate endowed knowledge.”

Sufism can provide a haven for the positive spiritual development of each individual, which can transform each being and lead their soul to the gates of their true faith.

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The great scholars of the age split hairs in all the sciences. They have gained total knowledge and complete mastery of things that have nothing to do with them. But that which is important and closer to him than anything else, namely his own self, this your great scholar does not know.

-Rumi³

The Sufi knows, while the philosopher wants to know.

-Nader Angha³



The Path Of *Love*

*If there were no barrier
In the path of love,
It could be simple,
Not hard, my love.
Have no fear from
Thorn and thistles,
Since your love has
Blossomed in my heart.¹*

Whoever that has fallen in love or that is in love, knows that the path of love is one of many windy roads and with many complications and distractions. However, one thing is certain...love can overcome any barrier and the warmth of love's hope can overshadow any of life's pain away.

This month, which is the month of Spring, new life, new beginnings and most importantly the birthday of our beloved Sufi Master, Nader Angha, we will all remember this love that can overcome any obstacle.

Discipline and Organisation

Discipline is a crucial aspect of Sufism that involves organisation. So why is organisation so important? Being disorganised on the outside is an indication of the lack of discipline you have in your life. Being able to take care of matters effortlessly as they come along is an indication of having control in your own life.

Discipline and organisation allow you to have a clear and focused mind, free from the guilt clouding your thoughts of tasks that have been long overdue. This kind of freedom is very different to the freedom we think we feel when we are procrastinating as it gives us control where as putting things off, takes matters further and

further out of our hands.

References:

1. Angha, N., Revelation (Elhām), 1999, Riverside, CA: MTO Shahmaghsoudi Publications.
2. Angha, N., Sufism and Faith, 2003, Martinez, CA: MTO Shahmaghsoudi Publications.
3. Behbehani, S. S., The Messenger Within Discovering Love and Wholeness Through Meditation, 1999, Riverside, CA: MTO Shahmaghsoudi Publications.

Illustrations:

Top Pg 1: Angha, N., Revelation (Elhām), 1999, Riverside, CA: MTO Shahmaghsoudi Publications.

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http://www.sallyswatland.com/view_image.html?image_no=1462&inq=1

Top Pg 2:

http://www.sallyswatland.com/catalogimages/sally_swatland_s1077_spring_flowers.jpg (Date visited 24/09/05).